

Feng Shuing Your Bedroom

Feng Shui is about living in awareness of your environment. Fung Shui expert Lillian Too offers these taboos for your bedroom to generate maximum good fortune and sweet dreams.

- Do not have your exercise equipment in the bedroom. Your place of rest is not your gym. Worse yet if you have a wall mirror.
- Do not store anything on elevated shelves directly above the bed. These create weight above the sleeping body, which signifies some burden.
- Keep all work-related junk, computers and files out of the bedroom – these will only transfer stress to your psyche.
- Do not place junk under or over your bed.
- Keep the space in front of the door clear of obstacles.
- Keep questionable art out of the bedroom. Avoid water scenes, wild animal prints or paintings of anything that looks even remotely hostile.
- Do not place your bed against a wall where a toilet is located on the other side of the wall. This is very bad luck indeed.